

# Benefits of Mentoring



**Big Brothers Big Sisters**  
A Community of Caring

<b>A Child Gains:</b>	<b>You Gain:</b>
A new perspective	A new perspective
Hope	The satisfaction of knowing you are helping a child
Someone with whom they can confide	The opportunity to share your experiences with a child
Someone interested in learning about their world	An excuse to do kid things again like go to animated movies and ride go-carts
A sense of belonging	A connection to youth and your community
Motivation	An opportunity to watch a child grow
Someone to help them with schoolwork	An understanding of what kids are learning in school
Strength to resist negative peer pressures	Knowledge of social pressures youth face
Exposure to new opportunities, hobbies and interests	An opportunity to do fun things like hiking, biking, skiing, pottery and baking
A chance to be understood and heard	Opportunities to swap mentoring stories and advice
An acceptance of accountability	Constant support from the Match Support Specialists
A network of resources	Networking
Opportunities to interact with new people	Opportunities to meet other volunteers through monthly luncheons and social events
An advocate	A chance to thank the person who was your mentor by becoming a mentor
A positive role model	The chance to make a difference
<b>A friend</b>	<b>A friend</b>